



HAYWARDS HEATH & DISTRICT



**WELCOME TO YOUR
AUTUMN 2020
NEWSLETTER**

CHAIRMAN'S COMMENT

Issue No. 114
Contact Wendy Gundry
Newsletter Editor newsletter@haywardsheathu3a.org.uk
Next Deadline: 1st December 2020

Dear Members,

I am pleased to say that enrolment this year has seen the return of some 750+ members—I am delighted that you all made the decision to stay within the HHU3A family and we all hope 2021 will see us being able to resume our usual activities, albeit in a slightly different way. In the meantime we are endeavouring to provide ZOOM talks and a number of groups are now embracing technology and running successful meetings online.

For those members who have chosen not to renew their membership we are, of course, sorry to lose you but understand the reasons and very much hope that you will rejoin us for the 2021/22 year.

I would also like to take this opportunity to welcome our new members—we will be arranging a virtual New Members Meeting and will send you details once finalised.

The 37th AGM of the Third Age Trust was held online on the 29th September. The main points of interest were the election of a new regional trustee for the southeast Susie Berry —Bob Duckmanton having stepped down—another rebrand (not yet available for download so watch this space in December issue) and an increase in the capitation fee payable to HQ for each member from April 2022 payable retrospectively.

We have run a number of interesting ZOOM talks since my last newsletter which have been positively received and attended by a good number of members, although there is always room for more attendees!

During these isolating times we are conscious of the need to keep in touch with our membership and have been concerned at the amount of queries received, despite all the information having gone out either through email or the newsletter—to this end Chris Roe has sent round an email to ascertain whether our emails are reaching our membership, if the newsletter would be preferred electronically or in hardcopy—if you have any comments about keeping in touch please let me know.

Contributions to the newsletter are always welcome.

Keep safe and well.

With all best wishes from your Committee—we look forward to seeing you all some time soon.

USEFUL COMMITTEE CONTACT INFORMATION

Committee Role	Name	Contact Details	Areas Covered
Chairman	Wendy Gundry	hhu3achairman@gmail.com 07545 616722	General Contact Newsletter Editor
Membership Secretary	Susanne Roberts	hhu3amembershipsecretary@gmail.com 07707 697785	Everything membership related
Groups' Co-ordinator	Philip Metherell	hhu3agroups@gmail.com 01444 473802	Everything group related
Venues Officer	Anne Morrison	hhu3avenues.equip@gmail.com 01444 412916	Everything venue related
Beacon Administrator	Chris Roe	chrisroe200@hotmail.com 07557 672740	Everything Beacon and IT related

CLAIR HALL—HAYWARDS HEATH



The sudden decision to close Clair Hall, without public consultation, was a decision met by many different emotions within our membership. There is anger that the last entertainment venue in Haywards Heath will be closed, that the community meeting space it provided will no longer be available, through to understanding of the Council's position. It is a decision that was undoubtedly money driven—£1 million needed to bring the building up to scratch and another £1 million to bring it up to the government environmental requirements that need to be implemented by 2023—needing £2 million from reserve funds even with the grant from central government. It was muted that a new modern community hub would be built but no timeframe.

On behalf of our membership we sent a letter for consideration by Councillors at the Cabinet Meeting on the 14th September setting out our observations and disagreement with the report prepared by Judy Holmes and have provided information to members in respect of the various petitions and "Save Clair Hall" groups. Our letter can be viewed on the website.

GOING FORWARD

Our venues officer has put a great deal of work into looking at venues that will be available in the future—Presentation Hall, the Methodist Hall and King Edward Hall are venues we have previously used and will continue to do so. She is also looking into venues in surrounding villages such as Cuckfield, Wivelsfield Green, etc. but most come with the usual problems of parking and availability of public transport.

As you know the Committee took the decision not to use the halls in 2020 because of the rigid cleaning regime set out in our previous newsletter. However, as and when things change there will be a clamour from clubs and groups for halls and meeting spaces so we have decided to reserve space at the three venues above from Easter 2021. Anne has asked Group Leaders to advise what space they may require—if you have not responded please do so without delay.

DATES FOR YOUR DIARY

Date	Event/Time	Venue	Information
2020	<p style="text-align: center;">These are constantly being added to and dates/times will be advised to you in the “Whats On” bulletin. <u>Please remember if you wish to attend you need to register for each event individually via Chris Roe.</u> <u>Alternatively, you can advise Chris of all those you wish to attend via one email.</u></p>		
26/10/2020	ZOOM Talk 2:30 start	Bill Avenell	What’s In a View? Looking at some of the iconic views of West Sussex.
20/11/2020	ZOOM Talk 2:30 start	Bill Avenell	Why was the Shepherd Delighted? Intrigued—check out the talk description below.
10/12/2020	ZOOM Talk 2:30 start	Rupert Matthews	The History of Father Christmas —journey back into our pagan past.
2021			
27/01/2021	ZOOM Talk 2:30 start	Rupert Matthews	Kingdom of Sussex — explore the political, social and economic history of Sussex.

When booking Zoom talks we aim to pick various subjects that will appeal to the varied interests of our members.

ZOOM TALKS

Bill Avenell— retired Deputy Head and Geography teacher from Christ’s Hospital, Horsham. Bill has delivered his talks to a number of U3As, all to very positive reviews.

Why was the Shepherd Delighted? 'Red sky at night'; 'If the oak before the ash' We have all grown up listening to weather lore handed down over generations, but is there any real truth in any of it? Where has it come from? A mixture of science and superstition behind all those well known sayings. Hopefully this talk will separate the two?

What’s in a View? A talk that selects some of the iconic views of West Sussex and explores their geographical origins, their historical significant, their artistic value and other factors that make them so popular. Delivered with humour and some local knowledge.

Rupert Matthews—An established public speaker, history consultant and author of non-fiction books, magazine articles and newspaper columns. His work has been translated into 28 languages (including Sioux).

The History of Father Christmas— Father Christmas is most familiar to us today as a jolly old boy dressed in a red suit with white fur trimming. Our jolly Santa is often dismissed as an invention of the Coca Cola company or as a Victorian whimsy, but in fact his origins are much, much older and considerably darker than most people could possibly imagine. Come on a journey back into our pagan past to discover the origins of Father Christmas and find out how he developed into the figure that we know and love today.

The Kingdom of Sussex— The Kingdom of the South Saxons was once one of the key states of Britain. Founded in about 480, the kingdom remained independent for three centuries until its old royal family had to replace their title of King with that of Earl under the control of the more powerful Kingdom of Wessex. The dynasty finally disappeared under the Normans. This talk follows the political, social and economic history of Sussex during its years of independence and demonstrates how the economy and wars of that time still have an influence on the modern county.

INFORMATION SNIPPETS

ARE YOU ELIGIBLE FOR A BUS PASS/ RAILCARD?

If so, important information
about railcards below:

Senior Railcards providing a third off rail travel
for West Sussex residents of State Pension age.

**This option will not be available after
31 October 2020.**

Applicants wishing to apply for a free railcard
instead of the older person's bus pass can do
so until this date

U3A Diaries

In our last newsletter we advised members
could purchase directly from U3A Head Office.
We understand these are now available but
have to be bought in quantities of 5.

Emails sent via BEACON

Please note you cannot use the "Reply"
option on these emails—this is why we
include an email address for you to contact if
there is something that requires this.

REMINDERS

ZOOM and **GOOGLE MEETS** Options
for your Group Meetings—free to use.
HHU3A has a licence for both.

ZOOM—contact Chris Roe to arrange for him to host a meeting

GOOGLE MEETS—contact Chris Roe for login details. Chris will send a
video to show how to use it. Once you use the login details for the first
time you can continue to use those details for future meetings.

MEMBERSHIP 2020/21

The renewal window expires on the 31st October 2020. If you have any queries regarding renewal of your
membership contact the Membership Secretary.

GROUPS WITH SPACE

CLASSICAL GREEK—this Group is now
up and running, using ZOOM for its regular
fortnightly meetings.

Contact: Neville Clay—
janusredux@gmail.com

JAZZ APPRECIATION—a virtual group
successfully running weekly sessions
online since early April—has room for
more music fans.

Contact: Howard Marchant—
howgill45@aol.co.uk

HQ COVID19 Advice on Meeting in Homes

You may have seen advice from HQ that from the 14 September the rule of
6 applies—allowing groups of up to 6 individuals from different households
to meet within a private dwelling. We discussed this in committee and, in
view of the onus this puts on the hosts, cleaning required, space required,
different rules for over 70s, constant changing of government advice, we
do not consider this practical or advisable.

However, this has to be the decision of the individual Groups. If you wish
to arrange a meeting please check out the HQ website [https://
www.u3a.org.uk/covid-advice-links/897-covid-19-advice-on-u3a-activities-
in-england-u3a-kms-doc-074#5-location](https://www.u3a.org.uk/covid-advice-links/897-covid-19-advice-on-u3a-activities-in-england-u3a-kms-doc-074#5-location)—item 5.3. rules for meeting in
Private Homes and provide the Groups Co-ordinator with your risk
assessments prior to commencement.

THINGS TO DO

HQ provide some very interesting online events delivered via Zoom video conferencing. Full details about the event and how to join can be found at <https://www.u3a.org.uk/events/educational-events>

Date	Time	Event
14/10/2020	2:30 - 4:00	U3A Poetry Reading - a chance to share your poem. The theme is humour.
09/11/2020	2:00 - 3:30	Maths on the Back of an Envelope - Talk by Rob Eastaway
11/11/2020	2:00 - 3:00	Maths Problems and Puzzles Workshop - an interactive event solving maths puzzles for a range of abilities
13/11/2020	2:00 - 3:00	Maths activities and games - a fun session of maths games including numerical quizzes and tasks

FREE ONLINE RESOURCES

MOOCS – <https://www.futurelearn.com/> or <https://www.edx.org/> - Free online courses across a range of subjects. Self-paced but with specified start dates so groups start learning altogether and can communicate and support each other via forums.

TED talks <https://www.ted.com/talks> -TED provide short, powerful talks (18 minutes or less) from science to the arts to global issues

The British Museum Online - <https://www.bl.uk/learning/online-resources#vi> -A collection of items & expert commentary related to History, English, Religious Studies & Citizenship.

Geograph - <https://www.geograph.org.uk/> - A project that aims to collect geographically representative photographs and information for every square kilometre of Great Britain and Ireland. Users can take part in the geography game by uploading pictures of UK areas, including images from decades gone by, or just to take a meander around the UK without leaving your living room.

National Geographic - <https://www.youtube.com/channel/UCpVm7bg6pXKo1Pr6k5kxG9A>

Tate Online Gallery - <https://www.tate.org.uk/about-us/projects/unilever-series-turbinegeneration/online-gallery>

Architecture documentaries - <http://www.openculture.com/2016/04/watch-50-documentaries-on-famous-architects-buildings.html>

Gardening, Gardeners' World- <https://www.bbc.co.uk/programmes/b006mw1h>—Gardening show packed with good ideas, tips, advice from experts and timely reminders to get the most out of your garden, whatever its size or type.

The History Channel - <https://youtube.com/user/historychannel>



Tune into U3A's very own radio broadcast. Made by U3A members, the first episode was themed around Looking Forward and features interviews with group leaders and key figures of the movement.

Tune in here: <https://www.youtube.com/watch?v=9zGNxpUSUAc>

SUN—Housebound Tab— <https://u3asites.org.uk/sussexu3anetwork/page/105513>

There are a variety of activities, cartoons and quizzes to be found within the weekly bulletins—a lovely way to pass an hour or two. There is also information about 90 sites you can visit for free on your laptop or computer.

ARE YOU GOOD WITH FACEBOOK?

Since the start of the pandemic a number of local U3As have launched their own Facebook page — during our last Committee Meeting we discussed starting a Haywards Heath & District U3A Facebook page. Whilst setting the page up is relatively simple it does need a regular commitment to update the page and with everything else we are working on we do not have a member with the capacity to take this on.

If you enjoy contributing on Facebook and would be interested in keeping our very own page up to date please contact me on hhu3achairman@gmail.com.



Are you a 007 fan? I am—from Dr. No in 1962 through to Spectre in 2015 I have enjoyed every one, and every Bond.

As the further delay of No Time to Die, which was due out at the beginning of 2020 to April 2021, is currently in the news I thought it a good opportunity to share this little bit of movie trivia with you.

I think it will appeal to 007 fans and car buffs alike.

Aston Martin has been James Bond's car of choice in many films in the franchise. Can you name the films the different makes appeared in?

The DB5—The DBS—The V8 Vantage Volante—The V12 Vanquish—The DB10

Answers on the back page.

As the University of the Third Age is rebranded just to u3a I thought I would re-share this poem by Pat Stanhope which I originally included in our 25 year celebration booklet.

In the University of the Third Age
Your life can open a brand new page.
Not looking back to yesteryear
But enjoying what is now and here.
To try a new pastime you have not known
Discover a talent you have not shown.
Share new skills and make new friends
The choice of subjects never ends.
The chance to use a weary brain
And meet life's challenges again.
A lifetime of knowledge is in your hands,
So widen your interests and make new plans.

On the 15th September Colin McFarlin—Waste Prevention Advisor for West Sussex County Council—gave a very interesting talk about recycling in West Sussex—the Dos and Don'ts of recycling best practice. I thought it might be useful to provide some of this advice in the newsletter for those of you who could not attend.

RECYCLING AND WASTE PREVENTION IN WEST SUSSEX

Think Before You Throw—Are you putting your rubbish in the right bin?

- ◆ Every year West Sussex residents throw 22,000 tonnes of recycling in the rubbish bin—this costs £2.5 million.
- ◆ Residents throwing clothing in the recycling or rubbish kerbside bins—this costs £1.4 million.
- ◆ Recycle right and we can save £2.5 million for West Sussex public services.

What Can We Recycle In Recycling Bins?

- ◆ **Aluminium and steel cans, aerosols and tin foil**—aluminium is made from a mined mineral called bauxite. Recycling one aluminium can uses only 5% of the energy it takes to make a brand new one and saves raw materials.
- ◆ **Glass bottles and jars**—glass can be recycled over and over again. For every tonne of glass recycled 1.2 tonnes of raw materials are saved. Recycling glass also uses considerably less water.
- ◆ **Paper, Card, Tetra Packs and food cartons**—every family in England uses about 6 trees worth of paper each year. Making recycled paper uses half the water used to make new paper and saves up to 75% of the energy.
- ◆ **Plastic bottles, pots, tubs and trays**—plastic is made from oil. By recycling plastic bottles, pots, margarine/ice cream tubs, cosmetic/laundry tubs, food trays, fruit and veg punnets and plastic we save energy and natural resources.

REMEMBER CLEAN, DRY AND LOOSE

It is important to keep recycling **CLEAN** by rinsing containers and tipping out excess water before putting them in the recycling bin. Recycling must be kept **DRY**. If recycling is wet it clogs the machinery at the Materials Recycling Facility—**KEEP BIN LIDS CLOSED**. Recycling must be **LOOSE**—the machinery at the MRF cannot take recycling out of plastic bags, plastic bags cannot be recycled in your kerbside bin—tops off please.

RECYCLE AT SUPERMARKETS—the following types of plastic films are accepted at carrier bag collection points:

- ◆ All plastic bags, except biodegradable/compostable bags. Bags for fruit and vegetables—pre-prepared salad bags.
- ◆ Bread bags, frozen food bags e.g. bags for frozen vegetables, chips etc.
- ◆ Shrink wrap and ring joiners from multipacks of water, cans, etc.
- ◆ Dry cleaning bags/bags covering new clothing
- ◆ Magazine and newspaper wrappers and bubble wrap.
- ◆ **NO THANKS**—cling film, film lids from trays and pots, crisp packets, batteries (batteries recyclable separately)



COULD YOU BE A RECYCLING CHAMPION?

If so please contact Chris Roe and he will pass on your details to Colin.

007 Quiz Answers:

The DB5: Goldfinger (1964), Thunderball (1965), GoldenEye (1995), Tomorrow Never Dies (1997), The World is Not Enough (1999), Casino Royale (2006), Skyfall (2012) and Spectre (2015)

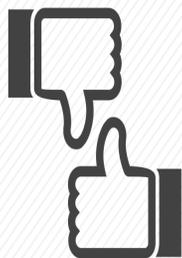
The DBS: On Her Majesty's Secret Service (1969), Casino Royale (2006) and Quantum of Solace (2008)

The V8 Vantage Volante: The Living Daylights (1987)

The V12 Vanquish: Die Another Day (2002)

The DB10: Spectre (2015)

**All contributions are welcome—
News and views via letters to the Editor**



This is your Newsletter—designed to share information, past and future events, news etc. amongst all Haywards Heath U3A members so I welcome **YOUR FEEDBACK** on what you would like to read about in the newsletters going forward.

Please send your feedback and newsletter items for **WINTER**—December 2020—deadline 1st December 2020 — newsletter@haywardsheathu3a.org.uk